

Weekly ACTIVITIES

August 3rd – 7th 2026



67 Renwick St, Redfern NSW 2016

Phone: (02) 9358 4553

Email: info@lousplace.com.au

Website: www.lousplace.com.au

MON 3 AUGUST	TUE 4 AUGUST	WED 5 AUGUST	THU 6 AUGUST	FRI 7 AUGUST
10:00AM – 12:00PM Redfern Legal Clinic	10:00AM – 11:00AM Yoga	10:15AM – 12:15PM Sewing	11:00AM – 12:00PM Jewellery	
12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch
1:00PM – 3:30PM Salvation Army AOD Casework	12:00PM – 2:30PM Inner City Legal Clinic	12:30PM – 3:30PM IARC Legal Clinic		1:00PM – 2:00PM Creative Writing
1:30PM – 2:30PM Movement and Meditation		1:00PM – 2:30 Financial Wellbeing for Women		
		1:00PM – 3:00PM Art		

Weekly ACTIVITIES

August 10th – 14th 2026



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MON 10 AUGUST	TUE 11 AUGUST	WED 12 AUGUST	THU 13 AUGUST	FRI 14 AUGUST
10:00AM – 12:00PM Redfern Legal Clinic	10:00AM – 11:00AM Yoga	10:15AM – 12:15PM Sewing	9:30AM – 3:00PM Women's Health Clinic	
			11:00AM – 12:00PM Jewellery	
12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch
1:00PM – 3:30PM Salvation Army AOD Casework		12:30PM – 3:30PM Census		
1:30PM – 2:30PM Movement and Meditation		1:00PM – 3:00PM Art	12:30PM – 3:30PM Census	