

Weekly ACTIVITIES

September 28th – 2nd 2026



67 Renwick St, Redfern NSW 2016

Phone: (02) 9358 4553

Email: info@lousplace.com.au

Website: www.lousplace.com.au

Mon, Wed, Thur, Fri: 8:30am – 3:30pm

Tue: 8:30am – 2:30pm

MON 28 SEPTEMBER	TUE 29 SEPTEMBER	WED 30 SEPTEMBER	THU 1 OCTOBER	FRI 2 OCTOBER
10:00AM – 11:00AM WAGEC Building Tech Safety	10:00AM – 11:00PM Self-Guided Yoga			
10:00AM – 12:00PM Redfern Legal Clinic	11:00AM – 12:00PM Karaoke	10:15AM – 12:15PM Sewing	11:00AM – 12:00PM Jewellery	
12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch
1:30PM – 2:30PM Movement and Meditation		12:30PM – 3:30PM IARC Legal Clinic		
1:00PM – 3:30PM Salvation Army AOD Casework		1:00PM – 3:00PM Art	1:00PM – 2:00PM Creative Writing	

Weekly ACTIVITIES

October 5th – 9th 2026



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Mon, Wed, Thur, Fri: 8:30am – 3:30pm

Tue: 8:30am – 2:30pm

MON 5 OCTOBER	TUE 6 OCTOBER	WED 7 OCTOBER	THU 8 OCTOBER	FRI 9 OCTOBER
CLOSED FOR PUBLIC HOLIDAY	10:00AM – 11:00AM Self-Guided Yoga	10:15AM – 12:15PM Sewing	11:00AM – 12:00PM Jewellery	
	11:00AM – 12:00PM Karaoke			
	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch
		1:00PM – 3:00PM Art	12:00PM – 2:00PM Job Readiness (booking required)	12:00PM – 2:00PM Job Readiness (booking required)
			1:00PM – 2:00PM Creative Writing	