

Weekly ACTIVITIES

October 12th – 16th 2026



67 Renwick St, Redfern NSW 2016
Phone: (02) 9358 4553
Email: info@lousplace.com.au
Website: www.lousplace.com.au
Mon, Wed, Thur, Fri: 8:30am – 3:30pm
Tue: 8:30am – 2:30pm

MON 12 OCTOBER	TUE 13 OCTOBER	WED 14 OCTOBER	THU 15 OCTOBER	FRI 16 OCTOBER
9:30AM – 11:30AM Facials	10:00AM – 11:00PM Self-Guided Yoga	10:15AM – 12:15PM Sewing	9:30AM – 3:00PM Women's Health Clinic	
10:00AM – 12:00PM Redfern Legal Clinic	11:00AM – 12:00PM Karaoke		11:00AM – 12:00PM Jewellery	
12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch
1:30PM – 2:30PM Movement and Meditation	11:00AM – 1:30PM 4Voices Bingo	12:30PM – 3:30PM IARC Legal Clinic	1:00PM – 2:00PM Creative Writing	12:00PM – 2:00PM Job Readiness <i>(booking required)</i>
1:00PM – 3:30PM Salvation Army AOD Casework	CLOSING AT 1:30 TODAY	1:00PM – 3:00PM Art		

Weekly ACTIVITIES

October 19th – 23rd 2026



67 Renwick St, Redfern NSW 2016

Phone: (02) 9358 4553

Email: info@lousplace.com.au

Website: www.lousplace.com.au

Mon, Wed, Thur, Fri: 8:30am – 3:30pm

Tue: 8:30am – 2:30pm

MON 19 OCTOBER	TUE 20 OCTOBER	WED 21 OCTOBER	THU 22 OCTOBER	FRI 23 OCTOBER
10:00AM – 12:00PM Redfern Legal Clinic	10:00AM – 11:00AM Yoga	10:15AM – 12:15PM Sewing	11:00AM – 12:00PM Jewellery	
	11:00AM – 12:00PM Karaoke			
12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch	12:30 – 1:00PM Lunch
1:30PM – 2:30PM Movement and Meditation	11:00AM – 1:00PM Centrelink	1:00PM – 3:00PM Art	12:00PM – 2:00PM Job Readiness (booking required)	12:00PM – 2:00PM Job Readiness (booking required)
1:00PM – 3:30PM Salvation Army AOD Casework	11:00AM – 1:30PM 4Voices Bingo		1:00PM – 2:00PM Creative Writing	