Weekly ACTIVITIES

November 9th – 13th 2026

67 Renwick St, Redfern NSW 2016
Phone: (02) 9358 4553
Email: info@lousplace.com.au
Website: www.lousplace.com.au
Mon, Wed, Thur, Fri: 8:30am - 3:30pm
Tue: 8:30am - 2:30pm

MON 9 NOVEMBER	TUE 10 NOVEMBER	WED 11 NOVEMBER	THU 12 NOVEMBER	FRI 13 NOVEMBER
9:30AM - 11:30AM **Facials**	10:00AM - 11:00PM **Self-Guided Yoga**	10:15AM - 12:15PM **Sewing**	9:30AM - 3:00PM **Women's Health Cinic**	
10:00AM - 12:00PM **Redfern Legal Clinic**	11:00AM - 12:00PM **Karaoke**	12:30PM - 3:30PM **IARC Legal Clinic**	11:00AM - 12:00PM **Jewellery**	
12:30 - 1:00PM Lunch	**12:30 - 1:00PM Lunch**	**12:30 - 1:00PM Lunch**	**12:30 - 1:00PM Lunch**	**12:30 - 1:00PM Lunch**
1:00PM - 3:30PM **Salvation Army AOD Casework**	11:00AM - 1:00PM **4Voices**	1:00PM - 2:00PM **Creative Writing**	1:00PM - 2:00PM **WAGEC Building Tech Safety**	12:00PM - 2:00PM **Job Readiness** *(booking required)*
	CLOSING AT 1PM TODAY	1:00PM - 3:00PM **Art**		

Weekly ACTIVITIES

November 16th – 20th 2026

Lou's place
A SAFE PLACE FOR WOMEN

67 Renwick St, Redfern NSW 2016
Phone: (02) 9358 4553
Email: info@lousplace.com.au
Website: www.lousplace.com.au
Mon, Wed, Thur, Fri: 8:30am - 3:30pm
Tue: 8:30am - 2:30pm

MON 16 NOVEMBER	TUE 17 NOVEMBER	WED 18 NOVEMBER	THU 19 NOVEMBER	FRI 20 NOVEMBER
10:00AM - 12:00PM **Redfern Legal Clinic**	10:00AM - 11:00AM **Yoga** 11:00AM - 12:00PM **Karaoke** 11:00AM - 1:00PM **Services Australia**	10:15AM - 12:15PM **Sewing**	11:00AM - 12:00PM **Jewellery** 12:00PM - 2:00PM **Job Readiness** *(booking required)*	
12:30 - 1:00PM Lunch	**12:30 - 1:00PM Lunch**	**12:30 - 1:00PM Lunch**	**12:30 - 1:00PM Lunch**	**12:30 - 1:00PM Lunch**
1:30PM - 2:30PM **Movement and Meditation** 1:00PM - 3:30PM **Salvation Army AOD Casework**	11:00AM - 1:30PM **4Voices**	1:00PM - 3:00PM **Art**	1:00PM - 2:00PM **WAGEC Building Tech Safety** 1:00PM - 2:00PM **Creative Writing**	12:00PM - 2:00PM **Job Readiness** *(booking required)*